



**President's Message**



Isn't it great to be able to sleep in and not have to be regimented by a bell schedule? I retired three years ago and thought I would have so much time to relax and "do nothing". Ha! I am busier than ever, having enrolled in classes at the Kamana Senior Center – exercise classes, lauhala weaving, watercolor, mixed media, sewing, sewing, sewing, (yes, three sewing classes), and woodblock printing. I have cut down the amount of classes I'm in, but that doesn't make me less busy. I also teach two card making classes on Fridays at the center.

When I'm not taking classes at the center, I keep myself busy by attending Chigiri-e classes and various other workshops and classes. I enjoy babysitting my grandchildren – I have six – 4 boys and 2 girls. I also still play music.

Presently, I am rehearsing for the musical "9 to 5", which will run for three weekends in October at the Palace Theater. I get to play the drum set!!! I am also an Independent Demonstrator for Stampin' Up! and a Norwex consultant.

I'll be presenting a card making class in Kona on December 8 (Thursday). It'll start at 10:00 at the West Hawaii Civic Center. Hope you can join us!

Being your president will also keep me busy, having to fly to some meetings on Oahu, and meet monthly with the HSTA-R Hawaii District Council. I am blessed to have a terrific team to work with. If you are interested in serving, or have questions or concerns, please feel free to email me at [kimkspringer@gmail.com](mailto:kimkspringer@gmail.com) or call or text me at (808) 987-9982. You can also find me on Facebook.

I'm looking forward to serving as your President. So much to learn, and new friends to meet.

Kim Springer



**Palamanui Visitation**

Join HSTA-R West Hawaii Community Club for a visit to Palamanui on Friday, October 21, 2016, 10 – 1, for a classroom presentation, tour and bento lunch. RSVP by October 14 to Eunice Saito: 885-4722/808-388-6645. Pay \$5 to Dawn Gambone. By the time you read this, you should have received an email or a hard copy of the flyer for this event with the details.

## Meet & Greet

On September 13, 2016, HSTA-R of East Hawaii held a “Meet & Greet” gathering to welcome new retirees. Members who attended enjoyed being able to meet Lynne Holub and Cathy Iwaoka who both retired at the end of the 2015-16 school year.

The focus of the gathering was to learn about the variety of programs available in our community where retirees can participate and volunteer. Guest speakers included Kauai Paleka Kama from RSVP (Retired & Senior Volunteer Program) who presented information for the Elderly Activities Division at Kamana, Tandy Newsome, from Hilo Medical Center, spoke on the 4-Star rating which the hospital recently received. Colby McNaughton, from UH-Hilo School of Education, presented information on how retired teachers can participate as field supervisors for student teachers in the university’s Teacher Education Program. Kim Springer, President of HSTA-R on the Big Island, talked about the role and activities of the organization. Marvel Bento and Kathy Romero covered the programs of Hawaii Island Retired Teacher Association, (HIRTA).

New retirees, as well as those who have been retired for a number of years, heard interesting information on a wide variety of activities. There is much we can enjoy doing now that we are retired!

By Ingrid Nishimoto



**HALLOWEEN** 



## **EUTF Retiree Open Enrollment Hilo Session**

The EUTF will hold its retiree open enrollment informational session in Hilo at Auntie Sally Kaleohano's Luau Hale on Wednesday, October 12, 2016 at 1:00pm and 3:00pm. The schedule of all sessions will be posted to the EUTF website and all retirees will receive a retiree reference guide and schedule of open enrollment sessions in the mail during the first week of October. There will also be a pre-recorded version of the EUTF and health insurance carriers presentations posted to the website on October 10<sup>th</sup> where members can view the presentations at their convenience if you have access to the internet. The website address is [eutf.hawaii.gov](http://eutf.hawaii.gov).

Retirees can find the pre-recorded presentations under the "Training/Resources" tab on the website. Click "Training/Resources" and then click on the "Retirees" tab. To view the pre-recorded presentation click the "Adobe Connect" link under "On-Demand Recording" and a video will begin playing. (Note: the open enrollment presentation currently posted on the website is from last year. The new presentation will be posted October 10<sup>th</sup>.)

There are helpful resources on the EUTF website for retirees regarding Medicare. Next to the "Training/Resources" tab, click the "Medicare" tab and it will give you a brief overview of Medicare, how to enroll, and information on Medicare Part B & D.

## **HSTA-R Board of Directors Meeting**

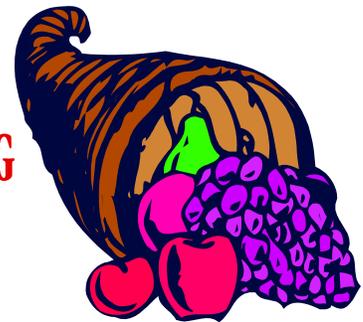
August 24, 2016

Director's Report – Lorraine Hora

Membership – 5707 members as of August 8, 2016

Kauai – 344, Oahu – 3961, Maui – 577, Hawaii – 811

**HAPPY  
THANKSGIVING**



HSTA BOD determined that two retiree members can now attend HSTA Committee meetings. HSTA-Retired members are on Elections, Bylaws and Resolutions, Membership and Government Relations Committees.

Although many City/County decisions affect retirees and senior benefits, HSTA-Retired BOD decided NOT to be involved in City/County election races at this time.

HSTA-Retired BOD suggested that each District establish its own e-mail address and obtain a cell phone plan to use for all communication with their members

All NBIs were approved as they dealt with the President's appointments of members to various committees.



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If you have any suggestions regarding retirement issues, please email Gary Kaku at [kakug001@hawaii.rr.com](mailto:kakug001@hawaii.rr.com) with your concerns so he can take them to the RIC. (Retirement Issues Committee) Your input is important to us.

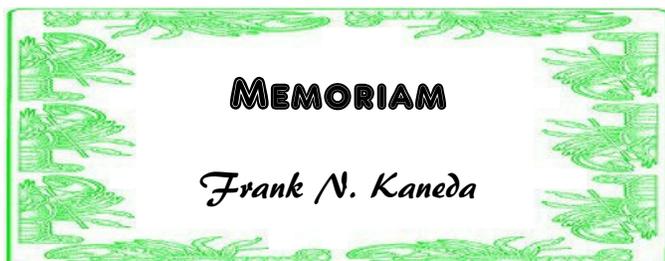
### New HSTA-R Members

**Welcome to HSTA-R, Hawaii District** – Donna Verne S. Kohara, Rebecca J. Mitchel, Lynne M. Holub, Andrew Louis, Sara C.L. Medeiros, Michele A. Navone, Cathy N. Iwaoka, Stephen N. Santos, Caryl M. Leitner, Leigh H. Ikeno and Rosemary A. Orr

*Best wishes for an enjoyable and relaxing retirement. Please join us at our upcoming activities.*

### Hawaii District Council 2016 – 2018

President – Kim Springer  
Vice President – Stephen Nemeth  
Secretary – Lorraine Hora  
Treasurer – Lois Shimizu  
Council At-Large – Betty Ann Yoshimura  
Gary Kaku  
Ingrid Nishimoto  
Cynthia “Niyati” Sallee-Brown  
Bonnie Burke  
Cheryl Kiefer  
Julie Countess  
WHCC President – JoAnn Iwane  
State Director – Stephen Ono



### State Website:

<http://www.hstaretired.org/>

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