



Hawaii State Teachers Association-Retired 2015-2016 Proposed Budget

INCOME

Dues - NEA-R/HSTA-R (5,200 x \$75)	\$390,000.00
Dues - HSTA-R Only (200 x \$45)*	\$ 9,000.00
Unexpended funds	\$ 20,000.00
TOTAL INCOME:	\$419,000.00

EXPENSES

NEA-R DUES (5,200 X \$30)	\$156,000.00
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HSTA-R ACTIVITIES (5,400 X \$45 = \$243,000 + \$20,000 Unexpended funds)=\$263,000.00

Executive Committee	\$ 4,000.00
Board of Directors	\$ 4,000.00
Delegate Assembly	\$ 8,000.00
COMMITTEES:	
Bylaws (HSTA)	\$ 600.00
Communications	\$ 400.00
Elections (HSTA)	\$ 800.00
Legislative Action Team Activity (Gau)	\$ 900.00
Membership Services (HSTA)	\$ 400.00
Retirement Issues Committee (GR)	\$ 5,000.00
Government Relations (HSTA)	\$ 400.00
DISTRICTS:	
District Allocations	\$ 25,000.00
District Newsletters (4 x \$400)	\$ 1,600.00
District Awards	\$ 700.00
Community Clubs (2 x \$50 + \$2 per member)	\$ 800.00
District/Community Club Presidents Meetings	\$ 600.00
District/Community Club Grants	\$ 1,000.00
Election Committee	\$ 4,500.00
Membership Committee (& Incentive)	\$ 12,000.00
Publications	\$ 10,000.00
Affiliate Dues & Activities (HARA, Conference)	\$ 1,000.00
HSTA Convention	\$ 5,000.00
NEA-R Annual Meeting/NEA RA	\$ 16,000.00
NEA-R Organizing Conference	\$ 10,000.00
Pre-Retirement Planning Cadre	\$ 6,000.00
Other Activities	\$ 1,000.00
President's Contingency	\$ 1,500.00
ADMINISTRATION:	
Administrative Services	\$ 18,000.00
Equipment	\$ 1,300.00
Supplies	\$ 1,500.00
Postage	\$ 500.00
Air Travel	\$ 36,000.00
Auto	\$ 2,000.00
Lodging	\$ 3,500.00
Accounting Services	\$ 5,000.00
Legal Services	\$ 14,000.00
Insurance	\$ 5,000.00
Outside Services (Membership Survey)	\$ 25,000.00
Miscellaneous	\$ 1,000.00

HSTA MOA	\$ 29,000.00	
TOTAL	\$419,000.00	\$419,000.00

2015-16 Amended Budget

By Beverly Gotelli

At the Delegate Assembly the 2015-16 Proposed Budget was presented, there was an error on coding. The 2015-16 Amended Budget has been corrected and is being included in this month's Messenger.

We will continue to work on improving our accounting skills. We want everyone to know that our finances are very stable as we continue to grow.

Thank you for the opportunity to serve as your State Treasurer.

HSTA-R Bylaws & Resolutions Committee Report August 28, 2015

Submitted by:

Roberta Mangca and Sheila Black

The Bylaws and Resolutions Committee worked on updating the HSTA-R Bylaws after the Delegate Assembly held on April 24, 2015

The Committee also did a comparison of the bylaws of the four (Kauai, Oahu, Maui and Hawaii) District Councils and the bylaws of the West Hawaii, Molokai and Lanai Community Clubs. Suggested amendments are being proposed at this meeting with the possibility that all amendments will be completed and ready for the November 20, 2015 Board meeting.

The HSTA CBR Committee will hold its first meeting on September 19, 2015.

The HSTA Convention is scheduled for April 16 & 17, 2016.

*Includes grandfathered HSTA-R only members.

President's Message

- Vaughn Tokashiki

Dear Friends and Colleagues,

Our loved ones make life worth living. How can we not find great joy in a grandchild's laughter? Even being a caregiver for a parent or relative, though tiring beyond measure, has a joyous side. Being able to care for someone who raised you, healed your hurts, commiserated with you when you failed at something, and eased your time through heartbreak, is a joy that can become transcendent.

As we begin a new school year, with all that involves, let's all welcome a new Community Club to HSTA-R. Lanai joins Molokai and West Hawaii as a welcome addition to HSTA-R. We now have four districts and three community clubs.

We do have a few challenges facing us this year. Developing closer ties with our parent organization, and collaborating with an entirely new leadership at HSTA should prove interesting.

Your Executive Committee is seeking an address a problem that has arisen as a result of the EUTF (Employer Union Health Benefits Trust Fund) decision to increase the HDS (Hawaii Dental Services) benefits for all retirees from \$1,000 to \$2,000, EXCEPT for HSTA VEBA retirees. We do not feel that HSTA-R VEBA members should have been excluded from this increase in dental benefits that is being paid for from the EUTF reserve fund.

Otherwise, we look forward to an interesting legislative session as HSTA seeks more help from HSTA-R to push its legislative priorities, while we lobby for protection of our pensions and health benefits.

Happily, HSTA-R and HSTA has renewed the Memorandum of Agreement between our two organizations, HSTA-R has also renewed the Memorandum of agreement with VEBA/BPS. AND, HSTA-R is now an Incorporated non-profit (c)(4) organization under the IRS.

HSTA-R is in the planning stages of having random focus groups to assess what we have been doing. This is being done as a result of a New Business Item introduced at the 2015 Delegate Assembly. Please accept the invitation to attend one of the focus groups, if you are chosen.

Finally, I wish to thank all the retirees who went "above and beyond the call of duty" to help HSTA during the spring re-vote elections for their state officers and delegates to the NEA Representative Assembly in Orlando, Florida. You helped HSTA through a very difficult time and your dedication and perseverance were greatly by HSTA.

Finally, finally—thank you to the leaders, elected and appointed, of HSTA-R for their great help throughout the years I have been your state president. I wouldn't be able to do my job without their help.

News You Can Use

By Linda Tavares

As an NEA-Retired member, you're eligible to participate in some great, cost-saving benefit programs. One of the best ways to fulfill your natural love of learning is through travel. For a homestay and home exchange program with a more international flavor, try Teachers Travel Web. Looking for companions to join you on a trip? Go to the teacher travel chat board at Teachers.Net.. Who knows, you might meet a hottie! Do it now....before your body starts falling apart.

You are going to receive an early Christmas present. A 2016-2017 HSTA-R calendar will be delivered to your house within the next few month. Santa swore me to secrecy as to the exact date of arrival....and don't mess with Santa.

I just learned some amazingly simple home remedies:

Avoid cutting yourself when slicing vegetables by getting someone else to hold the vegetables while you chop.

A mouse trap placed on top of your alarm clock will prevent you from rolling over and going back to sleep....After you hit the snooze button the first time.

According to the National Institute on Aging, two of the most important steps you can take to possibly lower your risk of Alzheimer's disease are to LOWER your cholesterol and homocysteine levels. A diet rich in folate and vitamins B6, and B12 can lower your blood levels of homocysteine. Eating a diet LOW in saturated fat, dietary cholesterol (found in animal foods) and trans fat can improve your cholesterol.

If you think nobody cares if you're alive, try missing a couple of car payments. Staying alive is not enough! Good Friends help you. Find Important Things when you have lost them.....Things like your smile, your Hopes, and Courage.

Hawaii State Teachers Association - Retired

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The **MESSENGER** is the quarterly publication of the
Hawaii State Teachers Association - Retired

HSTA-RETIRED OFFICERS

President:	Vaughn Tokashiki
First V. President:	Yvonne (Linda) Tavares
Second V. President:	Jeanne Fukuoka
Secretary:	Glenn Dave Fernandez
Treasurer:	Beverly Gotelli

District News From Around The State

Maui District

Submitted by Sharmen Graydon

Our District Council meeting on July 31, 2015, marked the beginning of a busy season for our district. Our first big thing was the invitation by Senator Brian Schatz to join him for lunch and a talk-story session with retired teachers on Maui. On August 20, over 40 teachers gathered at the Tante Restaurant in Kahului to meet and, after a substantial meal, listen to the Senator share his experiences in Washington D.C. and then respond to questions from the teachers. It was a very satisfactory meeting, informative and reassuring. We were pleased that our State Secretary, Glenn Fernandez, came to Maui to the event.

Our future includes a general membership meeting Sept. 10, speaker will be a reprise of a former presentation on decluttering. Heather Greenwood Junkermeier, with UH Extension Intergenerational and Aging Program, will reveal secrets to keeping clutter under control.

We are participating in the MEO Senior Fair again this year. On October 31st, the annual event held in the War Memorial Gym, will see over 3,000 seniors come to gather information, goodies, be entertained, and eat. We will distribute the reflective tags that have been so well received the past two years.

Our annual December luncheon will relocate to central Maui from Lahaina this year. We are looking forward to another restaurant and view that can meet the high bar set by those we have enjoyed in the Lahaina area for several years.

Oahu District

Submitted by Joanne Ing

Have you ever wondered what HSTA-R does for you? Having been involved in the association since I retired in 2002, as a member, VP and President of Oahu, I can answer that question.

Before you retire, the HSTA-R membership committee sends out information soliciting your membership. Included in this packet is an application, a brief history and description of the organization. When you join HSTA-R, you receive a membership confirmation. Your name and contact number is forwarded to the district, who then can make contact with you. On Oahu, because of the large number of members, we hold Meet and

Greet meetings twice a year to personally meet with new and not-so-new members. These meetings encourage members to connect with other members, gain information on the organization, and have fun.

To improve communication we continue to input and update member's contact information. Using our email system allows members to receive timely information concerning community service opportunities, legislative action, upcoming meetings, helpful tips, and membership benefits.

Connecting with members through our activities and improved email system has increased the organization's visibility and member support. These two factors add to our credibility as we work to maintain and improve retiree benefits. The Legislative Action Team (LAT) and the Retirement Issues Committee (RIP) actively follow legislation and lobby on your behalf. HSTA-R also monitors the EUTF (our health fund) and the ERS (retirement system) to minimize any losses in benefits. Currently HSTA-R is working on obtaining the same increased dental benefits for both EUTF and VEBA members.

Another valuable connection is HSTA-R's availability to assist you regarding retirement questions. Since issues are specific to individuals, the organization does not provide any answers, but they will direct you to someone who can assist. This service is useful when you don't know where to start.

While Oahu district continues to improve their Communication, Connection and Community Service efforts; this year we will focus on Empowerment, Encouragement and Enrichment. Come, join us in this new venture.

Kauai District

Submitted by Sandy Gage

Welcome to our 21st year, 2015-2016. Whether you are new to HSTA-R Kauai or have been retired for a while, I trust you are enjoying your free time to volunteer, to travel, and do whatever you want to do. And no more hot days in the classroom.

HSTA-R Kauai hopes to provide programs for your enjoyment and enlightenment. We began with our Meet and Greet luncheon to meet new retirees and enjoy our friends. In October there will be a tour of the National Tropical Botanical Gardens with Director Andy Jasper as our guide. Other programs are in the works for January and April. Watch for more information so you don't miss out.

Thank you for all the volunteers for the HSTA election. Upcoming is Teacher's Institute Day. If you are interested in volunteering, let us know.

Save these dates in 2016!

To all new and seasoned retirees who would like to make HSTA-R Elections a part of your lives. Here are some dates you may want to consider.

- **January 11** - Last day to submit Nominations form for HSTA-R State Elections (Check the December Messenger for form and details.)
- **January 20-21** - Volunteer for Ballot Preparation, HSTA office.
- **February 17-** Volunteer for Ballot counting, HSTA office.
- **April 16-17** - Attend HSTA Convention, Hawaii Convention Center. (Must be elected through HSTA-R State Elections.)
- **April 29** - Attend Delegate Assembly, Honolulu Country Club. (Must be elected through HSTA-R District elections.)
- **June 28-29** - NEA-R Annual Meeting (Washington D.C.)
- **July 2-7** - NEA Representative Assembly (Washington D.C.)

If you have any questions or concerns please contact: Sandra Low cell phone (808) 255-7291 or Clarice Roby cell phone (808). We look forward to your participation and services. Mahalo!

- HSTA-R Elections Committee

HSTA-R Molokai Community Club

By Roberta Mangca

Our first council meeting was held on August 7, 2015. We made plans for our upcoming Fall General Membership meeting. We discussed Institute Day and our need of a secretary. We reviewed our goals and budget.

The General Membership Meeting will be held on September 10, 2015. Our speaker will be Moku Buchanan. His topic is Preparation and Procedure at Time of Death. We will have a Bylaws Amendment to consider for adoption. Lunch will be provided.

Sheldeen Takeo will chair institute Day. It will be held on Friday October 16, 2015.

If you are interested in being nominated to the Delegate Assembly on April 29, 2016, please let me know.